



Dear Parents/Guardians,

On behalf of the entire Kennewick Grid Kids organization we would like to welcome you to the Kennewick Grid Kids (KGK) Football Program. We are excited that you have chosen to join us for our 3rd flag football season! It is a pleasure to have you and your child as a part of the program and we are thrilled to begin working with you towards the KGK Football mission, which is to “develop youth athletes of character on and off the field.” We firmly believe that youth athletics provide a vehicle for educating athletes in valuable life lessons. Football teaches personal responsibility, self-control, teamwork, and mental and emotional endurance. Additionally, the KGK football family provides an immediate opportunity for our young athletes to experience the kinship that they will hopefully continue to develop over their time with our program.

Joining something new can always be a bit confusing at first. We hope that you reach out to us for any questions along the way. With that said, below is an idea of what you can expect:

Time Commitments:

- 1 hour practices, 1-2 weeknights per week
- 45 minute games on Saturday mornings (please allow 30 minutes for pre-game warm-ups)

Basic Rules and Set-up:

- 7 on 7 flag football rules adapted from the NFL “Play 60” Flag Football Rule Set
- 11-14 players per team
- Every player has a starting position on either offense or defense
- Score is not kept – this is a learning division for fun

Gear and Equipment:

- T-shirts provided by the league – yours to keep
- Belts, flags, and footballs provided by the league to coaches
- We suggest, but do not require, that players wear molded cleats and comfortable sweats or shorts

Important Dates:

August 14th - 18th	Coaches will contact players
August 21st	Practices Begin
September 9th	First Games/Picture Day
October 7th	Last Games

Coaches:

Volunteer coaches are the glue that hold our league together and allow us the opportunity to work over 650 players league-wide. Please treat them with respect and offer assistance where/when you can. We are still looking for flag coaches for the 2017 season. If you or someone you know might be interested in introducing kids the game we all love please contact Nicole Clayton at kgkflagfootball@gmail.com. We would be honored to partner with you and will provide you with all of the necessary support and equipment.

Thank you for trusting your children to our organization. We hope this will be the beginning of a relationship that sees your child through all of their youth football days.