



WHAT DO THE NEW WEIGHTS MEAN?

FAQ's

- Q. Doesn't this create an unfair advantage for older, smaller kids?**
- A. No. It increases safety for older, smaller players and levels the playing field for everyone.
- Q. Does this mean my child will play against 185 pound kids?**
- A. It is possible but not likely unless your child is playing A Squad.

Q. When will we find out squad weight cutoffs?

- A. We are unable to determine weight cutoffs until after weigh-ins this year.

WHERE WILL MY CHILD PLAY?

	Flag	E Squad	D Squad	C Squad	B Squad	A Squad
5 year old	All					
6 year old	Majority	Siblings*				
7 year old		All				
8 year old		Majority	Bigger			
9 year old			Majority	Bigger		
10 year old			Smaller	Majority	Bigger	
11 year old				Smaller	Majority	Bigger
12 year old					Smaller	Majority
13 year old						All

*6 year olds must have a an older sibling playing to be eligible for E squad.

“The Mission of the KGK Association is to promote the game of football for all youth 5 to 13 years old in the greater Tri-City area.”

INCREASED SAFETY:

- ✓ Fewer players required to move up for weight
- ✓ Extremely small kids at upper levels allowed to stay back
- ✓ Weight restrictions on ball handlers
- ✓ Reduces unhealthy “weight cutting” practices

FOR PLAYERS 155+

- Must play “hands in the dirt” on the line
- Weekly weigh-ins for all players 150+
- Prepares them for future positions.